

Sample Menu

Flight Lounge London Gatwick

Morning Menu

Available from opening until midday

Cereal

Cornflakes

Bran flakes

Muesli

A variety Of children's cereals

Please note, a selection of non-dairy milk options are available on request

Hot Foods

Mushrooms

Tomatoes

Scrambled egg

Bacon

Hash browns

Pork sausages

Certified Halal turkey bacon (on request)

Vegetarian sausages (on request)

The Bakery and The Cooler

Selection of yoghurts (dairy free on request)

Breakfast pastries (gluten free on request)

Selected of mixed breads, rolls and spreads

Prepared fruit

Orange and apple juice

Please note, the majority of our foods are conveniently served buffet style with some options available to order.

Our foods may contain allergens. If you have any specific requirements/allergies, please speak to a member of staff prior to ordering or selecting food from our menu.

PM Menu

Available from midday until closing

Most menu options are served buffet style, with some options available to order.

Salads, Pasta and Sandwiches

Greek salad

Chicken salad

Mixed leaf salad

Tomato and basil pasta

Chicken and pesto pasta

Selection of cold sandwiches

A selection of salad dressings are available

Hot Food to Order

Selection of fresh pizza slices

Battered cod, chips and peas*

Beef, chicken or plant-based burger, salad garnish and fries*

Jacket Potato, available with a selection of fillings*

A selection of hot paninis*

Chicken nuggets and chips* (children's portions only)

Fish fingers and chips* (children's portions only)

Hot Savoury Snacks

Sausage roll

Vegan sausage roll

Cornish pasty

Chicken bake

Steak bake

For the Children

In addition to the full menu, we offer a selection of small cut sandwiches, fruit and small treats which you can make up into lunch/snack boxes.

Treat Yourself

Pastry and cake selection

Blueberry and chocolate muffins

Fresh fruit bowl

Our foods may contain allergens. If you have any specific requirements/allergies, please speak to a member of staff prior to ordering or selecting food from our menu.

**Hot meals are limited to one per person and cooked to order; options may be limited due to demand. Orders can be placed with our staff or at the Bar counter.*

Drinks

A selection of teas and coffees

Apple or orange juice

House red or white wine

House lager or beer

House Spirit

Premium Drinks

A selection of premium drinks are available for an additional fee.